

# Welcome to our Classroom



OUTDOOR RECREATION, TEAM BUILDING & ADVENTURE

[www.gorideawave.com.au](http://www.gorideawave.com.au)



## WHY CHOOSE GO RIDE A WAVE?

Go Ride A Wave is Australia's largest Surf School, since 1987 we've been the industry leaders in curriculum-driven outdoor group activities for students. Go Ride A Wave doesn't just teach kids to stand up on a board. We engage students with a range of outdoor education activities geared toward building esteem, respect, teamwork and a love for the outdoors.

Led by trained professionals who tailor each program to meet the unique needs of each school group, our outdoor education activities are held at the safest beaches with our unique risk management approach ensuring everyone has a fun, safe experience .

*We are industry leaders in outdoor adventure education and recreation.*

*We offer a unique, safe, enjoyable experience. Our aim is to provide outstanding service and instruction to all our clients.*

### NATURAL ENVIRONMENT

Our programs are held in beautiful, iconic locations chosen for their breathtaking scenery and suitability as a safe venue for students of all abilities. Go Ride A Wave's programs encourage students to become immersed in the beauty of the location and to interact with the environment around them.

We are big believers in getting outside and enjoying the fresh air and amazing coastline. The sensation of sea breezes and salty surf is something your students will remember for years to come.

### OUR PEOPLE MAKE THE DIFFERENCE

Our staff are highly trained, qualified outdoor education experts who deliver programs all year round and know exactly how to engage your group to maximise participation. Although the outdoors is their passion, our team is equally concerned with customer service and ensuring each school gets the most out of their experience with us.

### GROUP OUTCOMES

Before the fun begins, our outdoor education experts will listen carefully to your group's needs to ensure you have the information you need to choose the most appropriate program. We understand that each school group is unique and take very seriously our commitment to delivering the outcomes you seek for your students.

### FLEXIBILITY

We know we can cater for your group, regardless of your needs. Go Ride A Wave has carefully crafted a range of outdoor education activities that offer maximum flexibility, ensuring that participation is maximised and everyone has a great day. If you prefer, we can customise your experience around the theme of your group program or camp – whether it be curricular or socially based to inspire cohesion or teamwork.

### SOMETHING FOR EVERYONE

We set the starting point for each of our outdoor education programs at a range that invigorates even students reluctant to participate in an exercise-based activity. Our activities are pitched so everyone can participate and have fun with our outdoor education experts providing an encouraging, supportive environment.

### EQUIPMENT

Go Ride A Wave uses the best and safest equipment available. We have a full time maintenance team and regularly assess and upgrade our equipment to ensure it is safe, presented well and ready to give your students a fantastic outdoor experience.



## OUR ACTIVITIES



### SURFING



Find out just how easy surfing really is. By using the best equipment and our experienced outdoor ed team, your students will be up on a board in no time - 'hooting' all the way up the beach. About 90 per cent of students stand up in their first lesson and you'll be surprised by how quickly your group can improve in a short time, especially if you have multi-lessons and try different beaches.

If needed, your students will be outfitted in quality wetsuits making this a year-round, all-weather surfing experience that will leave them wanting more!



### BODYBOARDING



Bodyboarding is something everyone can do and is a great introduction to surfing. Your students will experience the thrill of catching waves and riding them onto the beach, under the guidance of our experienced staff, who will make sure everyone is having a safe, fun time.

Why not back up their body boarding experience with a surfing lesson to give them the ultimate beach experience?



### SURF/BODYBOARD COMBINATION



If your school lacks time and funds, but wants to give students the ultimate beach experience - why not try a Surf / Bodyboard Combo?

Students can try both surfing and bodyboarding in the one lesson, giving them two very different surfing experiences. Within this two-hour lesson, we usually split the group into two, spending 1 hour surfing and 1 hour bodyboarding before we swap over.



### TEAM BUILDING/INITIATIVE



Do you have a group that needs to build friendship, self esteem and a team mentality? Our popular Initiative Program challenges students with a series of tasks that need everyone to take part to complete. Tasks enhance important life skills including innovation, teamwork, communication and problem solving.

Go Ride A Wave team leaders can also highlight issues such as conflict management, leadership styles, personality types and group dynamics in a supportive environment to build self esteem. Programs are tailored for each group.



### STAND UP PADDLING



Stand up paddling (SUP) is an ancient form of surfing which originated in the Hawaiian Islands. Brought to Australia last century it lay dormant until very recently when it's popularity exploded.

Not only is it great fun, it gives you a good core workout and a unique view from above the water line. Stand up paddling is available at Noosa heads and a range of locations on the Gold Coast.



### SIT ON TOP KAYAKING



Our sit-on-top kayaks are designed for complete beginners and are the best in the industry.

Whether you choose a simple kayak session or kayak trips and games, our skilled and experienced instructors will advise you in the basics of kayaking, and be alongside you every step of the way.

## OUR ACTIVITIES



### SURF SAFETY



Not everyone's familiar with the beach environment making Go Ride A Wave's Surf Safety sessions a must for students. Our expert staff teach water safety, ocean awareness and surf lifesaving techniques and even students who feel they know the beach well walk away with a greater appreciation of the power of the surf and the dangers it can bring.

We provide in-depth information about rips, currents, board and tube rescues, how to safely enter and exit the surf, and the importance of body surfing. These sessions are an excellent lead-in to any of our programs and many schools use this as their first camp activity and to build students' confidence.



### SURF CARNIVAL



Fun, laughter and team spirit are the hallmarks of the Surf Carnival program. In a similar format to surf life saving carnivals, this extremely popular program is modified to suit a range of fitness levels so everyone feels comfortable taking part.

The Surf Carnival involves three types of activity – water, beach and novelty. All activities are led by our outdoor education experts and are designed to encourage maximum participation and involvement with an emphasis on fun and teamwork.



### OUTRIGGER PADDLING



Outrigger Canoeing is a Polynesian way of life that has been used throughout the centuries as island to island transport. We are now able to provide this unique team paddling activity for students. This exciting new experience will show the whole crew just how fast and cool paddle power can be.

With our experienced instructors and our eye catching canoes the kids will be "hanging loose" the whole ride!!

## COMBO PACKAGES



### MIX N MATCH

Keep your students interested by trying a range of different activities in the one session. Introduce them to new skills by creating your own combo package.

Choose from surfing, bodyboarding, kayaking and stand up paddle boarding. Instruction is provided for each sport so your students will, not only have a fantastic time, they will also head home with a whole new set of skills.

Perhaps even follow up with another session of the most popular activity?

Duration of sessions can vary depending on how many activities you choose to do. All equipment is provided.



## ACTIVITY RATINGS

### 1 SURFER



**Instructor to student ratio:** 1:7  
**Fitness level required:** Low  
**What to bring:** Towel, bathers, water to drink  
**What is supplied:** Surfboard, wetsuit/rash shirt, sunscreen

### 2 SURFERS



**Instructor to student ratio:** 1:10  
**Fitness level required:** Low  
**What to bring:** Old clothes, solid footwear, drinking water  
**What is supplied:** All equipment & instructions

### 3 SURFERS



**Instructor to student ratio:** 1:6  
**Fitness level required:** Low  
**What to bring:** Towel, bathers, drinking water  
**What is supplied:** Kayaks, wetsuit/rash shirt, PFD, sunscreen

### 4 SURFERS



**Instructor to student ratio:** Surf Carnival 1:20  
 Surf Safety / Stand Up Paddling 1:8  
**Fitness level required:** Low/Med/High  
**What to bring:** Towel, bathers, water to drink  
**What is supplied:** All equipment, wetsuit/rash shirt, sunscreen



### For Further Enquiries

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### Gold Coast

Surfers Paradise  
 Northcliffe

### Sunshine Coast

Noosa  
 Sunshine Coast